



DELHI PUBLIC SCHOOL
GREATER FARIDABAD, SEC-81
(Under the aegis of The DPS Society)

Dream • Persevere • Succeed

The Complete Schooling

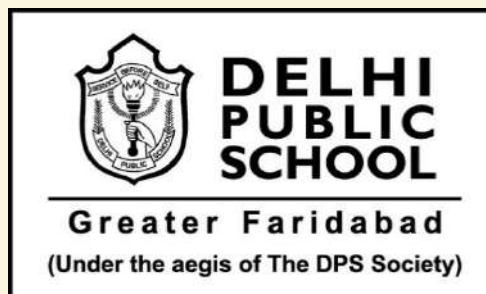
Scheme of Studies

Annual Syllabus 2025-26

CLASS: I

KAIZEN

A commitment to continuous improvement in all aspects of learning and growth.



ANNUAL SYLLABUS
SESSION: 2025-26
CLASS: I

Note: The given syllabus is subject to change on account of any exigency. Changes, if any, will be duly intimated.

Curriculum Framework 2025-26

Children are born as unique individuals with an incredible capacity and desire to learn. They are provided with rich experiences through play and activities that develop critical thinking, problem solving and understanding about themselves, which are age and developmentally appropriate. The curriculum has been designed keeping in mind the NEP 2020 recommendations for Early Years Education incorporating innovative pedagogical processes, integrating art, folk, story, culture and developing Life Skills, values, ethics and character.

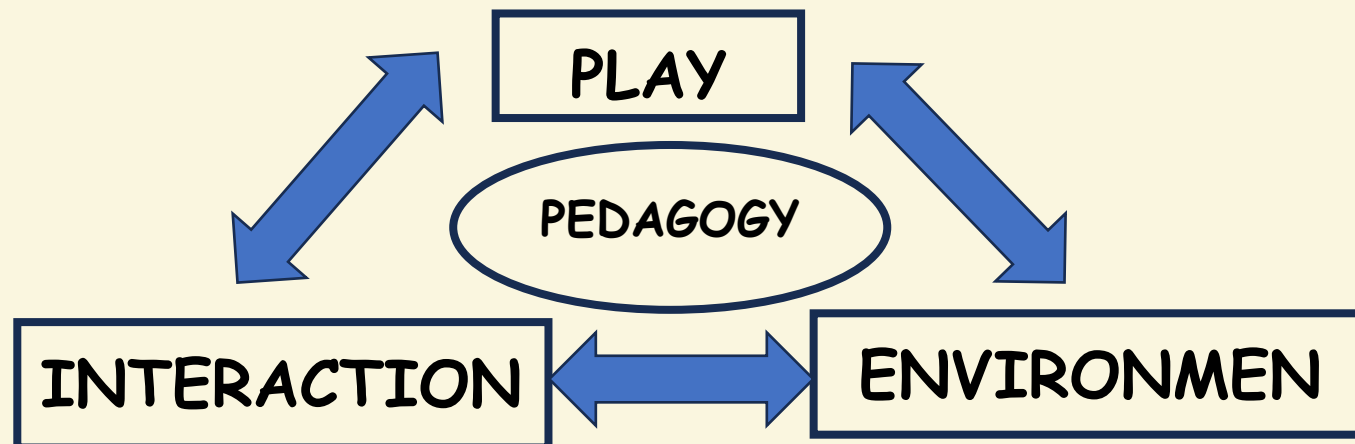
The curriculum also takes in consideration the NIPUN BHARAT mission of following the Preschool curriculum under three developmental goals.

Goal 1: Children maintain Good Health and Well Being

Goal 2: Children become Effective Communicators

Goal 3: Children become involved learners and connect with the surroundings

The curriculum is transacted in such a way that children construct their learning by exploration, investigation, problem solving and critical thinking. It is an amalgamation of the most important components in the pedagogy of Early Years Education-Play, Interaction and Environment.



To execute the desired curriculum effectively we follow multiple approaches such as inquiry based, experiential / hands- on, activity based and theme-based learning. The significance of providing stimulating and quality learning experiences fosters development as per the domains specified in NCF 2020.

- * Physical Development (Annamaya Kosha and Pranamaya Kosha)
- * Socio- Emotional and Ethical Development (Manomaya Kosha)
- * Cognitive Development (Vijnanamaya Kosha)
- * Aesthetic and Cultural Development (Anandamaya Kosha)
- * Language and Literacy

Learning Outcomes

Efficient delivery of curriculum promises learning outcomes that aim to provide our children with holistic educational experiences preparing them for further education and life beyond classrooms. Our holistic approach to education involves focusing on cognitive development, which includes intellectual skills, problem-solving and critical thinking skills. Additionally, physical development is considered, encompassing motor skills and overall physical well-being. This comprehensive approach aims to nurture learners in various dimensions for a well-rounded education.

- **Cognitive Development:** Students demonstrate curiosity, problem-solving abilities and a foundation in early literacy and numeracy.
- **Social and Emotional Development:** Students develop positive relationships, emotional regulation, and basic social skills, fostering a sense of belonging and empathy.
- **Physical Development:** Students show improved motor skills, co-ordination and an understanding of the importance of physical activity and health.

- **Language and Communication:** Students communicate effectively, exhibit early language skills, and show an interest in reading and storytelling.
- **Creative and Aesthetic Development:** Students engage in creative expression, demonstrate appreciation for art, and explore various forms of artistic activities.
- **Personal and Social Responsibility:** Students develop a sense of responsibility, independence and an understanding of basic societal values.

These outcomes aim to create a foundation for lifelong learning and ensure a comprehensive approach to the Early Years' Education.

Assessment

Assessment for learners ages 2 - 7 years is based on holistic development that includes the multiple domains. We emphasize on continuous and comprehensive evaluation through observation-based assessments, rather than the traditional methods. We implement child- friendly, play based and anecdotal record based observations to gauge each child's progress and tailor our instructions accordingly.

We foster a supportive, encouraging, conducive and safe environment that promotes exploration, creativity and social interaction.

Class: I**Prescribed Books**

S. No.	SUBJECT	NAME OF THE BOOKS	PUBLICATION
1.	Language and Literacy- Language 1 (ENGLISH)	Peaks English Course book	Ratna Sagar
2.	Language and Literacy- Language 1 (ENGLISH)	Short Reads – Level 1	Scholastic
5.	Language and Literacy- Language 1 (ENGLISH)	Write it rightthe cursive might	MNSA Publications
3.	Language and Literacy- Language 2 (HINDI)	प्रथम हिन्दी पाठ्य पुस्तक – 1	The Language House Full Marks
4.	Numeracy- (MATHEMATICS)	Peaks Mathematics	Ratna Sagar
6.	SUSTAINABLE DEVELOPMENT GOALS (The Global Goals)	Be the Change Student Handbook 1	ARC Academy (By Anahita Lee)
7.	World Around Us	Peaks Environmental Studies	Ratna Sagar

Physical Development (Annamaya Kosha and Pranamaya Kosha)

Gross Motor Skills:

Walking, running, jumping, balancing, hopping, throwing, catching, passing, dribbling, kicking, strength and flexibility exercises, races, skating, ball handling and control, zumba, sprints, brain gym

Yoga:

- Sun salutation
- Pranayama
- Breathing Exercises
- Aasanaa for the overall development
- Animal poses
- Meditation poses

Fine Motor Skills:

Colouring, drawing, tearing pasting, collage making, Art & Craft, use of games, manipulatives cards, sorting games, arranging things in order, paper folding (origami)

Healthy Habits:

- Washing hands before/after meals
- Using the toilet properly, talking of cleanliness
- Discussion on personal hygiene
- Inculcating healthy and positive environment
- Talking of healthy eating habits
- Importance of brushing teeth twice a day
- Wearing washed and ironed clothes

Socio-Emotional and Ethical Development (Manomaya Kosha)

Self -Awareness:

Awareness about self and others, self-development, self- regulation

Personal Development: Learning to feel good about oneself, learning to appreciate oneself and one's efforts

Emotional Development -Caring, sharing, collaboration, compassion, empathy, respect for other's feelings and rights, learning to express feelings, sense of participation and social interaction.

Good Manners, Values and Life Skills -

- Compassion towards animals
- Bond to win-Team work
- Learning to co-exist
- Turn taking
- Arranging things back in place after use
- Building positive relationships
- Fostering empathy and respecting other's perspective
- Sensitization to moral values
- Knowledge of good touch and bad touch
- Self-protection
- Building co-operation
- Developing decision making skills
- Encouraging problem solving and critical thinking
- Being independent
- Developing creative skills
- Resolving conflicts
- Understanding diversity and inclusivity
- Building resilience
- Understanding ethical behaviour /multiculturalism

Cognitive Development (Vijnanamaya Kosha)

Sensory Development - Learning through various activities-

- Sorting and classifying
- Pattern and sequencing
- Shape recognition
- Matching objects
- Simple puzzles and mazes
- Sequencing events
- Clock Reading

Fundamental Numeracy -

- Counting of objects and relating them to numbers
- Number recognition and writing them in sequence (1 - 100)
- Grouping of numbers in Ones & Tens

Number, Numeration & Concepts (1-100) as follows:

- Comparison of numbers
- What comes just before, just after & in-between
- Forward and backward counting
- Smallest & Biggest Numbers
- Greater than, less than is equal to ($>$ $<$ $=$)
- Ascending and Descending order
- Place & face Value
- Expanded & Short Form
- Number Names (1-100)
- Single & double digit addition
- Single & double digit subtraction
- Story Sums (Word Problems)
- Shapes of Plane Figures (Square, Rectangle, Circle, Triangle, Oval)

- Tables (2,3,4,5,10)
- Time (Days of the week, months of the year, o'clock)
- Ordinal Numbers (1-10)

World Around Us -

- L-1 Our Body
- L-2 Our Clothes
- L-3 Our Food
- L-4 Water
- L-5 Our Family
- L-6 Our Home
- L-7 Our School
- L-8 Our Nighbourhood
- L-9 Our Helpers
- L-10 Our Plants
- L-11 Our Animals

Language and Literacy

Language 1-English	Language 2-Hindi
Recapitulation of basic phonic sound words, ee, oo words, Singular/Plural, This/That, Blend sounds (l,r) Listening & Speaking Skills - Listening/speaking/narrating/ singing - Vocabulary building through WOD - Circle Time free talk - Rhymes / Songs and learning new vocabulary - Pronunciation - Stories and recreating them in one's own words - Expression of thoughts and feelings with peers and teachers - Sight words & Focus words - Frame Sentences - Speaking Activity Emergent Reading: - Picture Reading - Sight Reading - Reading with understanding(Comprehension) - Short Reads Cards - Reading of sentences - Reading of blends, digraphs and ll words - Focus words and sight words reading - Reading through storybooks - Independent Reading Emergent Writing : - Letter formation & written practice of cursive a-z - ll family words - Blends and Digraphs - Focus Words - Frame Sentences	● छात्रों को वास्तविक वस्तुओं द्वारा स्वरों की पहचान करवाना तथा उनकी सही ध्वनि व बनावट का ज्ञान प्रदान करना। ● शब्दकोष की वृद्धि करवाना। ● कक्षा अंतरगत परिचर्चा, पाठ पठन व प्रपत्र, विडियो, कहानियाँ एवम कविताओं द्वारा मात्राओं का बोध करवाना। मात्रा किट, प्लैश कार्डज़ द्वारा गतिविधियाँ। नाटकिय रूपांतरण व पात्र अभिनय। ● स्वर परिचय (मौखिक/लिखित) ● मात्राओं का बोध व संबंधित गतिविधियाँ (।, ि, ी, उ, ू, े, ै, ो, ौ, ं) ● शब्द कोष ● सरल वाक्य ● पाठ पठन ● शब्द व वाक्य रचना ● चित्र वर्णन ● समान लय वाले शब्द ● शब्द लड़ी ● मात्रा दौड़ ● पहेलियाँ ● इमला

- Picture Reading

Course Book :

- L-1 Happy Birthday Lina! (Oral)

-L-2 Friends Forever (Oral)

-L-3 Meenu and the Magic Plates (Oral)

-L-5 School Time (Oral)

-L-6 Tomato Soup for Granny

-L-7 The Wonderful Seeds

-L-8 A Fun Day

-L-9 Twenty-one Days to a Good Habit

Poems

-Everybody Has a Name

-Vegetables

-Houses Big and Small

-Moving through the Jungle

- Good Manners

Grammar;

- Introduction to ll sound words

- Consonant blends and digraphs

- Articles-a, an

- Singular/Plural (adding 's' and 'es')

- Helping Verbs(is/am/are)

- Frame Sentences

- Comprehension

- This/That/These/Those

- Naming words

- Punctuation (Full stop/Question Mark/ Capital Letter)

- Action Words

- Use of -He, She, It

- Picture Reading

Aesthetic and Cultural Development (Anandamaya Kosha)

Visual Art:

- Introduction of lines and patterns
- Design with lines and shapes
- Theme based drawing and colouring
- Tearing pasting
- Texture
- Craft Work
- Live Sketching

Performing Arts:

- Exposure to our cultural heritage & traditions through Dance and Music and other Art Forms
- Theatrics & Dramatics through Storytelling and Puppetry
- Role Play
- Class and Stage Competitions
- EBSB Project

Cultural & Religious Celebrations:

- Earth Day
- Mother's Day
- Raksha Bandhan
- Janamashtami
- Independence Day
- Teacher's Day
- Dandiya Night
- Dussehra & Diwali (Exploring traditional Art forms - rangoli making + pottery)
- Guru Purab
- Christmas
- New Year
- Republic Day
- Holi
- Class Party
- Annual Production / Sports Day

Life Skills

Learning Outcomes:

- Identify personal strengths, interests, and areas of growth.
- Build resilience, self-awareness, and emotional strength.
- Promote acceptance, empathy, and mutual respect.
- Encourage teamwork and leadership through collaboration.
- Develop critical and creative thinking for problem-solving.
- Strengthen decision-making and effective communication.
- Nurture personal hygiene and healthy habits.
- Recognize and express emotions in healthy ways.
- Instill a sense of responsibility and time management.
- Practice kindness, gratitude, and mindfulness.
- Encourage self-love, confidence, and ethical behavior.

TERM I	TERM II
• Mindful moments	• Morning mindfulness
• Me and My World	• Gratitude garden
• Emotion ocean - identifying feelings	• Needs vs Wants
• Uniquely Me	• Healthy is Happy (Personal hygiene & nutrition)
• Golden Words Matter	• Say No to Waste
• Listen to Understand	• Creative corners
• Speak with Kindness	• My Responsibilities
• Little Acts, Big Impact (Kindness tasks)	• Thinking hats on!
• My Helping Hands	• Never Give Up (Growth mindset)
• Caring for Nature	• Pause and Think (Self control)
• Friends Forever	• My Daily Planner (Time management)
• Dream Team (Teamwork tasks)	• Trust Tree (Building trust)
• Mirror Talk (Positive self-talk)	• Little Leaders
• Table manners	• I Believe in Me
• Dressing smartly (Folding & organizing skills)	• The Confident Me
• Sharing makes us stronger	• Love the Me in the Mirror

Live
Learn
and Prosper



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Discovering Self Anew