

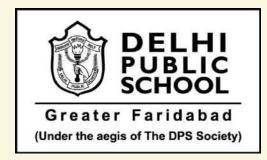
Dream · Persevere · Succeed

The Complete Schooling

Scheme of Studies Annual Syllabus 2025-26

CLASS: BALVATIKA-III





ANNUAL SYLLABUS

SESSION: 2025-26

CLASS: BALVATIKA-III

Note: The given syllabus is subject to change on account of any exigency.

Changes, if any, will be duly intimated.

Curriculum Framework 2025-26

Children are born as unique individuals with an incredible capacity and desire to learn. They are provided with rich experiences through play and activities that develop critical thinking, problem solving and understanding about themselves, which are age and developmentally appropriate. The curriculum has been designed keeping in mind the NEP 2020 recommendations for Early Years Education incorporating innovative pedagogical processes, integrating art, folk, story, culture and developing Life Skills, values, ethics and character.

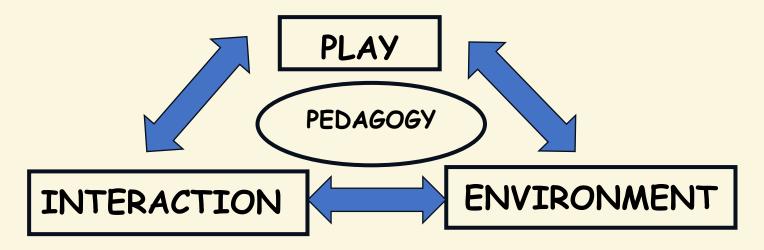
The curriculum also takes in consideration the NIPUN BHARAT mission of following the Preschool curriculum under three developmental goals.

Goal 1: Children maintain Good Health and Well Being

Goal 2: Children become Effective Communicators

Goal 3: Children become involved learners and connect with the surroundings

The curriculum is transacted in such a way that children construct their learning by exploration, investigation, problem solving and critical thinking. It is an amalgamation of the most important components in the pedagogy of Early Years Education-Play, Interaction and Environment.



To execute the desired curriculum effectively we follow multiple approaches such as inquiry based, experiential / hands- on, activity based and theme-based learning. The significance of providing stimulating and quality learning experiences fosters development as per the domains specified in NCF 2020.

- * Physical Development (Annamaya Kosha and Pranamaya Kosha)
- * Socio- Emotional and Ethical Development (Manomaya Kosha)
- * Cognitive Development (Vijnanamaya Kosha)
- * Aesthetic and Cultural Development (Anandamaya Kosha)
- * Language and Literacy

Learning Outcomes

Efficient delivery of curriculum promises learning outcomes that aim to provide our children with holistic educational experiences preparing them for further education and life beyond classrooms. Our holistic approach to education involves focusing on cognitive development, which includes intellectual skills, problem-solving and critical thinking skills. Additionally, physical development is considered, encompassing motor skills and overall physical well-being. This comprehensive approach aims to nurture learners in various dimensions for a well-rounded education.

- Cognitive Development: Students demonstrate curiosity, problem-solving abilities and a foundation in early literacy and numeracy.
- Social and Emotional Development: Students develop positive relationships, emotional regulation, and basic social skills, fostering a sense of belonging and empathy.
- Physical Development: Students show improved motor skills, co-ordination and an understanding of the importance of physical activity and health.

- Language and Communication: Students communicate effectively, exhibit early language skills, and show an interest in reading and storytelling.
- Creative and Aesthetic Development: Students engage in creative expression, demonstrate appreciation for art, and explore various forms of artistic activities.
- Personal and Social Responsibility: Students develop a sense of responsibility, independence and an understanding of basic societal values.

These outcomes aim to create a foundation for lifelong learning and ensure a comprehensive approach to the Early Years' Education.

Assessment

Assessment for learners ages 2 - 7 years is based on holistic development that includes the multiple domains. We emphasize on continuous and comprehensive evaluation through observation-based assessments, rather than the traditional methods. We implement child-friendly, play based and anecdotal record based observations to gauge each child's progress and tailor our instructions accordingly.

We foster a supportive, encouraging, conducive and safe environment that promotes exploration, creativity and social interaction.

Physical Development (Annamaya Kosha + Pranamaya Kosha)

Gross Motor Skills:

Walking, running, jumping, balancing, hopping, throwing, catching, passing, dribbling, kicking, strength and flexibility exercises, Splash –Pool activity

Yoga:

- Sun salutation
- Pranayama
- Breathing Exercises
- Aasanaa for the overall development
- Animal poses
- Meditation poses

Fine Motor Skills:

Colouring, drawing, tearing pasting, collage making, Art & Craft, use of games, manipulatives cards, sorting games, arranging things in order, clay moulding, paper folding (origami)

Healthy Habits:

- Washing hands before/after meals
- using the toilet properly,
- talking of cleanliness
- importance of cleanliness,
- hygiene and positive environment
- talking of healthy eating habits
- importance of brushing teeth twice a day
- wearing washed and ironed Clothes

Socio - Emotional & Ethical Development (Manomaya Kosha)

Self –Awareness:

Awareness about self and others, self-development, self- regulation

Personal Development: Learning to feel good about oneself, learning to appreciate oneself and one's efforts **Emotional Development -** Caring, sharing, collaboration, compassion. empathy, respect for other's feelings and rights, learning to express feelings,

sense of participation and social interaction.

Good Manners, Values and Life Skills -

- Learning to co-exist
- Turn taking
- Arranging things back in place after use
- Building positive relationships
- Fostering empathy and respecting other's perspective
- Sensitization to moral values
- Knowledge of good touch and bad touch
- Self-protection
- Building co-operation
- Developing decision making skills
- Encouraging problem solving and critical thinking,
- Being independent
- Developing creative skills
- Resolving conflicts
- Understanding diversity and inclusivity
- Building resilience
- Understanding ethical behaviour /multiculturalism

Cognitive Development (Vijnanamaya Kosha)

Sensory Development - Learning through the five senses. The sense of vision, taste, smell, hearing & feeling

- Sorting and classifying
- Patterning and sequencing
- Shape recognition
- Matching objects
- Simple puzzles and mazes
- Sequencing events

Fundamental Numeracy -

- Counting of objects and relating them to numbers
- Number recognition and writing them in sequence (1 50)
- Grouping of numbers in Ones & Tens

Number concepts (1-30) as follows:

- Comparison of numbers
- What comes just before, just after & in-between
- Forward and backward counting
- Greater than, less than is equal to (> < =)
- Single digit addition
- Single digit subtraction

World Around Us -

- Myself
- Summer Season
- Water
- My Country My Pride
- Animals
- Means of Transport
- Festivals
- Community Helpers
- Jewels of the sky
- Winter Season
- My Green World

Language and Literacy

Language 1 (English) - Recapitulation of basic phonic sounds and symbols (Alphabet aA-zZ) Listening & Speaking Skills -

Listening / speaking / narrating / singing

- Vocabulary building through theme based oral interactions (OI)
- Circle Time free talk
- rhymes / songs and learning new vocabulary
- stories and recreating them in one's own words
- joining sounds of letters to make CVC (Consonant- Vowel Consonant words)
- sight words & useful words
- short sentences

Emergent Reading:

- Bonding with books
- Pretend reading
- Picture Reading
- Sight reading
- Reading of short sentences
- Reading of blend sounds bl, cl, fl, gl, pl, br, dr, gr, fr, tr

Emergent Writing:

- Letter formation & written practice of aA zZ
- Consonants and Vowels
- joining and writing of two letter words
- joining and writing of 3 letter **CVC** words (a,e,i,o,u family)
- ee and oo family
- One / many (Singular / Plural)
- use of this / that

Language 2 (Hindi)-

छात्रों को चित्रों द्वारा व्यंजनों की पहचान करवाना तथा उनके सही उच्चारण व पठन का ज्ञान प्रदान करना I शब्द कोष की वृद्धि करवाना I कक्षा अंतर्गत परिचर्चा, प्रपत्र, स्मार्टक्लास, फ़्लैश कार्ड्स, नाटकीय रूपांतरण, पात्र अभिनय, कहानियाँ एवं कविताएँ

- व्यंजन परिचय (मौखिक / लिखित)
- किये गए वर्णों द्वारा बनने वाले दो, तीन व चार वर्णों के शब्दों का परिचय
- सहायक शब्द
- वर्णमाला, सरल वाक्य, चित्रकला
- आओ सीखें खेल-खेल में
- रेत की खान पर वर्ण लिखने का प्रयास / पाउडर ट्रेसिंग

- इंद्रधनुषी ट्रेसिंग
 अक्षर पिटारा
 आओ सही शब्द पर निशाना साधें
 श्रुतलेख / शब्द पहेली/ हॉपस्कॉच
 वाक्यसंरचना (मौखिक)

Aesthetic and Cultural Development (Anandamaya Kosha)

Visual Art:

- Drawing
- Colouring
- Tearing pasting
- Texture
- Craft Work

Performing Arts:

- Exposure to our cultural heritage & traditions through Dance and Music and other Art Forms
- Theatrics & Dramatics through Storytelling and Puppetry
- Role Play
- Class and Stage Activities

Cultural & Religious Celebrations:

- Earth Day
- Mother's Day
- Independence Day
- Raksha Bandhan
- Janmashtami
- Teacher's Day
- Gandhi Jayanti
- Dussehra
- Diwali
- Gurpurab
- Christmas
- Republic Day
- Holi



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