



DELHI PUBLIC SCHOOL
GREATER FARIDABAD, SEC-81
(Under the aegis of The DPS Society)

Dream • Persevere • Succeed

The Complete Schooling

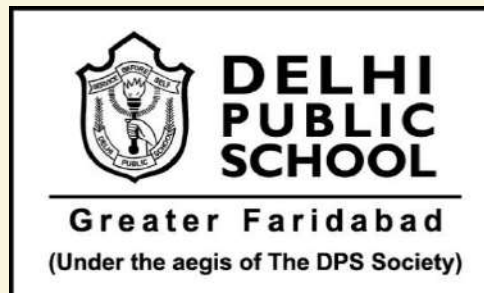
Scheme of Studies

Annual Syllabus 2025-26

CLASS: BALVATIKA-I

KAIZEN

A commitment to continuous improvement in all aspects of learning and growth.



ANNUAL SYLLABUS
SESSION: 2025-26
CLASS: BALVATIKA-I

**Note: The given syllabus is subject to change on account of any exigency.
Changes, if any, will be duly intimated.**

Curriculum Framework 2025-26

Children are born as unique individuals with an incredible capacity and desire to learn. They are provided with rich experiences through play and activities that develop critical thinking, problem solving and understanding about themselves, which are age and developmentally appropriate. The curriculum has been designed keeping in mind the NEP 2020 recommendations for Early Years Education incorporating innovative pedagogical processes, integrating art, folk, story, culture and developing Life Skills, values, ethics and character.

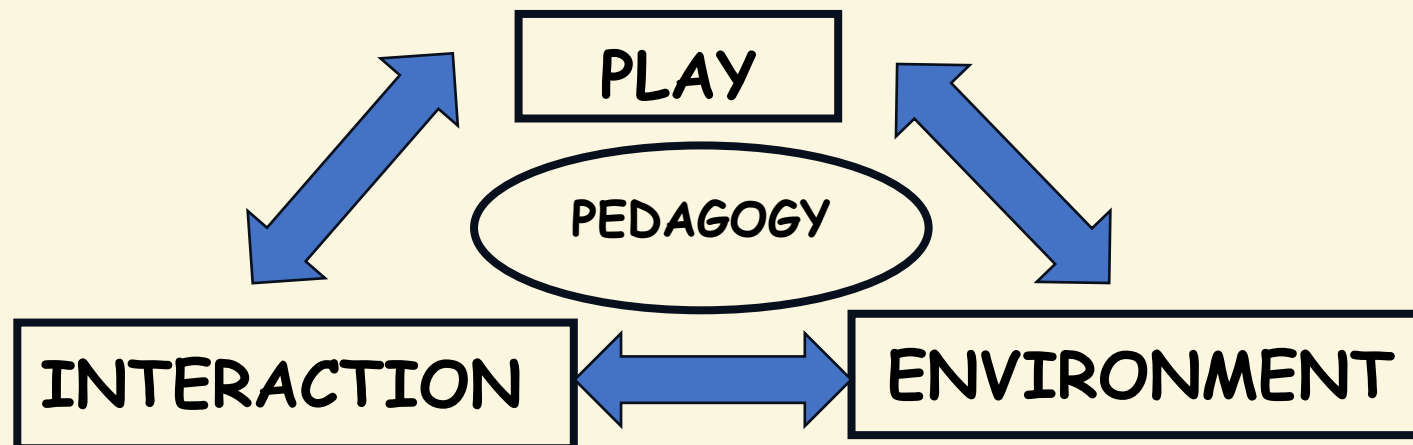
The curriculum also takes in consideration the NIPUN BHARAT mission of following the Preschool curriculum under three developmental goals.

Goal 1: Children maintain Good Health and Well Being

Goal 2: Children become Effective Communicators

Goal 3: Children become involved learners and connect with the surroundings

The curriculum is transacted in such a way that children construct their learning by exploration, investigation, problem solving and critical thinking. It is an amalgamation of the most important components in the pedagogy of Early Years Education-Play, Interaction and Environment.



To execute the desired curriculum effectively we follow multiple approaches such as inquiry based, experiential / hands- on, activity based and theme-based learning. The significance of providing stimulating and quality learning experiences fosters development as per the domains specified in NCF 2020.

- * Physical Development (Annamaya Kosha and Pranamaya Kosha)
- * Socio- Emotional and Ethical Development (Manomaya Kosha)
- * Cognitive Development (Vijnanamaya Kosha)
- * Aesthetic and Cultural Development (Anandamaya Kosha)
- * Language and Literacy

Learning Outcomes

Efficient delivery of curriculum promises learning outcomes that aim to provide our children with holistic educational experiences preparing them for further education and life beyond classrooms. Our holistic approach to education involves focusing on cognitive development, which includes intellectual skills, problem-solving and critical thinking skills. Additionally, physical development is considered, encompassing motor skills and overall physical well-being. This comprehensive approach aims to nurture learners in various dimensions for a well-rounded education.

- **Cognitive Development:** Students demonstrate curiosity, problem-solving abilities and a foundation in early literacy and numeracy.
- **Social and Emotional Development:** Students develop positive relationships, emotional regulation, and basic social skills, fostering a sense of belonging and empathy.
- **Physical Development:** Students show improved motor skills, co-ordination and an understanding of the importance of physical activity and health.

- **Language and Communication:** Students communicate effectively, exhibit early language skills, and show an interest in reading and storytelling.
- **Creative and Aesthetic Development:** Students engage in creative expression, demonstrate appreciation for art, and explore various forms of artistic activities.
- **Personal and Social Responsibility:** Students develop a sense of responsibility, independence and an understanding of basic societal values.

These outcomes aim to create a foundation for lifelong learning and ensure a comprehensive approach to the Early Years' Education.

Assessment

Assessment for learners ages 2 - 7 years is based on holistic development that includes the multiple domains. We emphasize on continuous and comprehensive evaluation through observation-based assessments, rather than the traditional methods. We implement child- friendly, play based and anecdotal record based observations to gauge each child's progress and tailor our instructions accordingly.

We foster a supportive, encouraging, conducive and safe environment that promotes exploration, creativity and social interaction.

Physical Development (Annamaya Kosha and Pranamaya Kosha)

- **Gross Motor**
 - **Physical Education**
Walking, Running, Hopping, Jumping, Lifting, Kicking, Catch and throw, Climbing, Balancing
 - **Exercises:** Eyes rotation, Ski-hops, Side deep squat, High knee jacks, Nature walk
 - **Yoga:** Surya Namaskar, Butterfly pose, Tree pose, Cat pose, Lion pose, Chair pose Easy sitting pose, Frog pose, Chair pose, Meditation.
- **Fine Motor**
 - ❖ Eye-Hand Coordination
 - ❖ Grip Development
 - ❖ Free hand scribbling
 - ❖ Colouring
 - ❖ Pouring
 - ❖ Squeezing
 - ❖ Crushing
 - ❖ Scooping
 - ❖ Rolling
 - ❖ Clay Moulding
 - ❖ Peeling
 - ❖ Buttoning
 - ❖ Zipping
 - ❖ Opening/closing of lid
 - ❖ Tearing and Pasting
 - ❖ Beading
 - ❖ Sand Play
- **Healthy Habits**
 - Making healthy choices
 - Reinforcing a sense of time for good health
 - Basic Hygiene
 - Oral Hygiene
 - Table Etiquette
 - Cleanliness.
 - Awareness of self-protection.

Socio-Emotional and Ethical Development (Manomaya Kosha)

- **Social Development**

- Learning to play with peers
- Learning to work in groups
- Social Interaction
- Development of social behaviour
(caring, sharing and collaboration)

- **Emotional Development**

- Separation management
- Expressing self needs
- Self-awareness
- Developing trust in adults
- Forming friendships

- **Good Manners**

- Self-feeding
- Use of magic words
- Being responsible, polite and respectful
- Development of organizational skills
- Habit formation
 - ❖ Greeting everyone
 - ❖ Use of mat and apron
 - ❖ Walk in line
 - ❖ Keeping surroundings clean

- **Life Skills**

- Appreciating God's creation
- Enhancing self-help skills
- Being Independent

Cognitive Development (Vijnanamaya Kosha)

- **Sensory Development**

- Sense of sight
- Sense of smell
- Sense of taste
- Sense of hearing
- Sense of touch

- **Numeracy**

- Verbal counting (1-50)
- Shapes (circle, triangle, square, rectangle, semi-circle, oval, star, diamond)
- Colours (red, yellow, blue, green, pink, brown, purple, black, white)
- Number Recognition (0-10), Number Quantification (1-10), Arranging numbers in sequence (1-10)
 - ❖ Pre-Number Concepts: Big/Small, Tall/Short, Up/Down, In/Out, Thick/Thin, One/ Many, Full/ Empty
- Pre-Numeracy Skills; Identifying, Sorting, Seriation, Sequencing, Matching, One to one correspondence

- **World Around Us**

- The World Around Me
- All About Me
- Seasons
- My Little World
- My Country- India
- The Animal Kingdom
- Festivals
- On The Move-Transport
- Community Helpers
- Worlds of Plants
- The Healthy Me

Language and Literacy

- **Talking and Listening**
 - Energizers
 - Listening to rhymes, songs, stories
 - Listening to and following instructions
 - Oral Interaction
 - Listening and practicing phonic sound
 - Free Conversation
 - Framing simple sentences
- **Emergent Reading**
 - Bonding with books
 - Pretend Reading
 - Picture Reading
 - Recognition of small and capital letters
- **Emergent Writing**
 - Talcum Tracing
 - Sand Tracing
 - Pattern Tracing on dots
 - ❖ Line Patterns
(Standing, sleeping,
slanting)
 - ❖ Curve Patterns
(forward, backward upward, downward)

Aesthetic and Cultural Development (Anandamaya Kosha)

- **Visual Art**

- Scribbling
- Colouring within the image
- Free Hand Painting
- Printing Techniques
- Play Dough Art

- **Performing Art**

- Dance
- Music
- Dramatics
- Show and Tell
- Role Play
- Puppetry

- **Celebrations**

- Letter Days
- Colour Days
- Emoji Day
- Earth Day
- Mother's Day
- Independence Day
- Raksha Bandhan
- Janmashtami
- Teacher's Day
- Gandhi Jayanti
- Dussehra
- Diwali
- Gurpurab
- Christmas
- Republic Day
- Holi

Live
Learn
and Prosper



DPS GREATER FARIDABAD

Sector-81, Faridabad-121004 (Haryana) India
(0129) 2555 555 | info@dpsgfaridabad.com
www.dpsgfaridabad.com

DPS SURAJKUND

Charmwood Village, Surajkund,
Sector-39, Faridabad-121009 (Haryana) India
(0129) 2555 650 | info@dpssurajkund.com
www.dpssurajkund.com

Follow us on:



@dpsgreaterfaridabad
@dpssurajkund



Discovering Self Anew