

Ref No-DPSGFBD/CIRCULAR/ II-V/0020/2020-21

Date: April 18, 2020

Dear Dipsite,

Every situation brings an opportunity. This unlimited time at home due to 'lockdown' is an opportunity too, for a **lot of positive inner growing by each one of us**. You are at home now, undoubtedly the most secure space to keep yourself infection free. At the same time, you are probably missing your school routine, your school friends, teachers, the corridors, playgrounds and the freedom to step out to play, interact and have a normal routine. We understand that.

What We Want You To Do

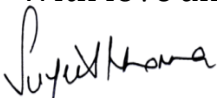
- We want you to **CHOOSE to be positive in your daily attitude** and hopeful that things will change soon.
- We want you to prepare yourself to be **HONEST with yourself** and believe in your ability to recognise your **thoughts, observations and feelings and put them down on paper**.
- We want you to do this through your **new friendly partner called SAFE SPACE DIARY** which your school has created for you in which you can express yourself, don't worry about language errors at all. Let your expressions flow...
- **Every weekend, for five weeks we will be sending 2 pages of thought provoking activities/ tasks for you to respond to**. To express yourself, you can **draw, doodle, colour, paint, paste etc** to articulate your response. You are the Boss. You decide.
- **These 2 weekly sheets can be reproduced by you on A4 paper and redesigned by you the way you like**, keeping the **theme of the page** in mind.
- Remember that there are no right or wrong thoughts. We want you to recognise your thoughts and express them as this will make you a stronger person. And you will learn to think for yourself.
- Please keep these sheets safely as **we shall compile them into a diary once you re-join school**. No part of your diary will be shared with anyone without your consent.

SO,

Are you ready to begin?

We hope so. Enjoy creating **your SAFE SPACE DIARY**. Don't give up easily. Persist. What fun it will be to read it at a later date, many times over in life and congratulate yourself for becoming a diary writer!!!!

With love and best wishes


Principal

Attachment : Activity Sheets (2 pages)